The COVID-19 Pandemic

March 10, 2020



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Moderator



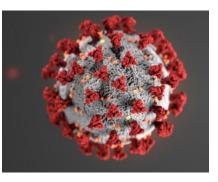
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A bit of biology and context

SARS-CoV-2 as causative agent of COVID19Coronavirus like the one causing SARS and MERS



How COVID19 is spread

Droplets: coughing, sneezing *Possibly* airborne Thus prevention = frequent hand washing (soap & water or alcohol-based cleanser) ; coughing in the crook of elbow; avoiding sick contacts; if sick oneself, avoiding others



Current* scope of the problem

Worldwide cases: 118,000 Worldwide deaths: 4264 Worldwide recovered: 65,000+ US cases: 761 US deaths: 27 US tests: only ~1600 to date

*2 pm EDT, March 10, 2020



The influenza perspective

<u>US:</u>

19 million estimated influenza cases in this season (2019-20)

10,000 deaths, 180,000 hospitalizations

Transmissibility and case fatality of COVID19 is thought to be higher than influenza



"Spread to all continents except Antarctica"



Country, Other 1	Total Cases ↓	New Cases 1	Total Deaths 賃	New Deaths 🎝	Total Recovered ↓↑	Active Cases 1
China	80,761	+26	3,136	+17	60,113	17,512
Italy	10,149	+977	<mark>631</mark>	+168	1,004	8,514
Iran	8,042	+881	291	+54	2,731	5,020
S. Korea	7,513	+35	58	+5	247	7,208
Spain	1,674	+443	35	+5	135	1,504
France	1,606	+194	30		12	1,564
Germany	1,317	+93	2		18	1,297
USA	754	+50	28	+2	15	711
Diamond Princess	696		7		245	444
Japan	581	+51	10	+1	102	469
Switzerland	497	+123	3	+1	3	491
Netherlands	382	+61	4			378
υκ	373	+52	6	+1	18	349

Responses to date

Testing
Contact tracing: individuals & cluster ID
Quarantine
Mandatory distancing
Social Distancing
Personal prevention practices



Responses to date

Risk Assessment Level for COVID-19

Widespread sustained (ongoing) transmission and restrictions on entry to the United States Widespread sustained (ongoing) transmission Sustained (ongoing) community transmission Risk of limited community transmission

China & Iran (level 3 travel notice) South Korea & Italy (level 3 travel notice) Japan (level 2 travel notice) Hong Kong (level 1 travel notice)

Warning - Level 3, Avoid Nonessential Travel

Alert - Level 2, Practice Enhanced Precautions

Watch - Level 1, Practice Usual Precautions

What is likely to happen

Plateauing in early countries: China & S. Korea
Rising in others: US, Europe
Late Detection in the US likely to cause further disruption: school closures, travel restrictions, public concern



Economic impacts and recovery

Stock market drop, free flow of people, goods and trade affected

Confidence affected

Governments and finance institutions need to be prepared



Local planning

Protection & avoidance at the personal and institutional levels Follow CDC and local health dept. guidance



Role of academic health institutions

Education of the public: combat misinformation, prejudice & conspiracy

Safety of students, staff, health personnel

Reconsidering meetings & travel: reorganize, be creative, enlist the broadest communities and coalitions

Avoid siege mentality & lockdown mode: be attentive to personal and institutional stress

Balancing safety with service



Role of academic institutions



Coronavirus Disease 2019 (COVID-19)

Interim Guidance for Administrators of US Institutions of Higher Education

<u>https://www.cdc.gov/coronavirus/2019-</u> <u>ncov/community/guidance-ihe-response.html</u>



Next steps

- Getting back to a feeling of normal is important and will happen
- Preparedness might be part of the new normal
- The world is not ending (yet)
- This is an opportunity to be smart, compassionate, and be our best public health selves



Important resources

- CDC guidance: https://www.cdc.gov/coronavirus/2019ncov/community/guidance-businessresponse.html?CDC AA refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronav irus%2F2019-ncov%2Fspecific-groups%2Fguidance-business-response.html
- https://www.thelancet.com/coronavirus
- www.cugh.org



Thank you:

- Our global health workers worldwide who work in extraordinarily difficult conditions for the good of humanity.
- Our frontline health workers who see patients and put themselves at personal risk.
- Conversations with experts in this and other fields which have helped inform and educate my personal and professional perspective.
 Particular thanks to Dr. Uzma Khan of IRD for her insights and constructive feedback on an earlier draft of this presentation.



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Q & A



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