

The Double Burden



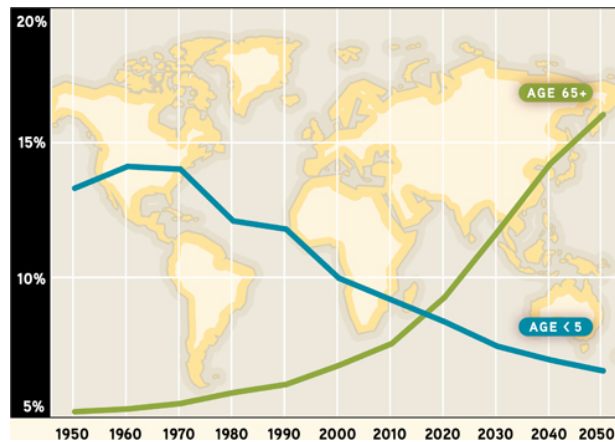
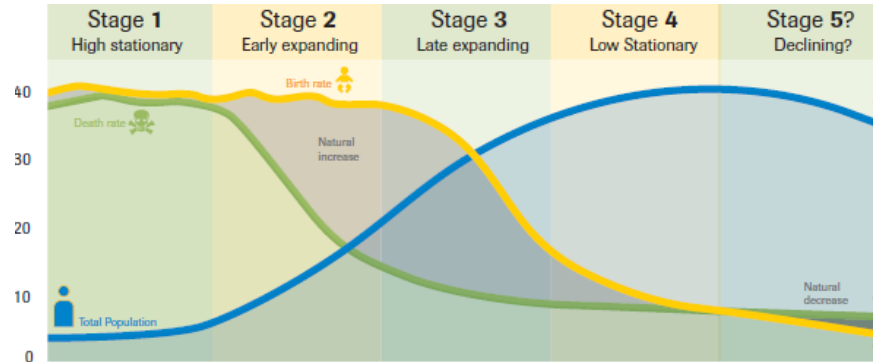
Communicable and
non- communicable
disease around the world

CUGH Sat. 17 March, 2018

Double burden: not a new concept but a new health phenomenon



Two summary slides



Why we should prioritise needs of older persons

Joy
Wanja



Being young can be quite enchanting. However, growing old into the sixties can be quite scary when the reality of neglect stares at you. The number of older persons is increasing every day, globally. Population experts estimate that the greatest growth globally will be felt in Africa where health systems are unprepared.

Kenya is estimated to have about 2.9 million people at 65 years and older according to the 2009 nation-

persons should hold. For example, as people grow older, their health needs change and they become more prone to falling ill to chronic diseases. In fact, the greatest killers of older people in developing countries are heart disease, stroke, diabetes, memory and vision loss.

Yet our health systems are disconnected and fragmented that these sub Saharan countries have no health specialists to take them through aging gracefully. Children have paediatricians, gynaecologists and obstetricians take care of female reproductive health needs and the various cadres of medicine like heart diseases have cardiologists and skin conditions are handled by dermatologist.

But who takes care of older persons?

Kenya does not have a single geriatrician, a doctor who specialises in the elderly and the diseases that affect them, either in private or public health facilities. With one

Speakers



1. “4:2:1 Demography” - Fei Yan, Fudan Univ., **China**
2. “Impact of HIV/AIDS on family” - Harriet Mayanja-Kizza, Makerere Univ., **Uganda**
3. “Infectious disease in the elderly” - Tim Brewer, Univ. of California, **US**
4. “Chronic disease in the elderly” - A. Mark Clarfield, Ben-Gurion Univ., **Israel**
5. You!

Our first speaker “4:2:1”

