COVID-19 Disparities in the US: Outcomes and How We Can Address Them

May 14, 2020

1:00pm-2:00pm EDT



Mieka Smart DrPH, MHS

Director

Leadership in Medicine for the

Underserved

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The University of New Mexico



Moderated by:



Keith Martin PC, MD

Executive Director,

CUGH





Mieka Smart, DrPH, MHS
Director
Leadership in Medicine for the Underserved



COVID-19 in Flint Line for water March 20, 2020



COVID-19 activity in food retail outlets in Flint May 1-3

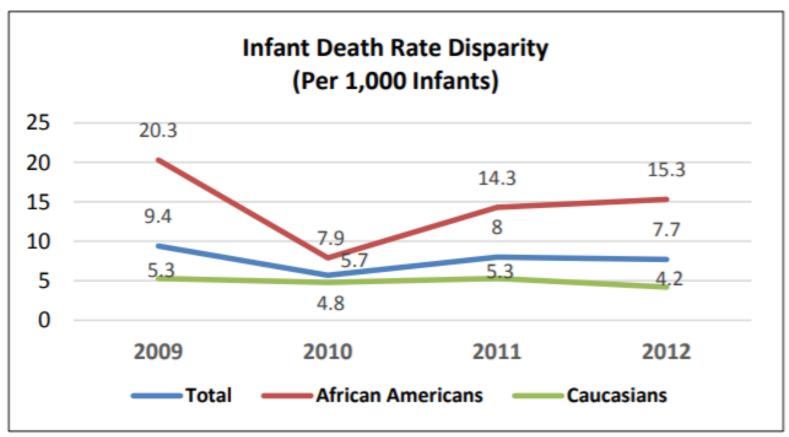
Employees enforcing social distancing	Yes	9 (16%)
	No	49 (84%)
Number of patrons	n=34 range: 0-200 mean: 11.9	
Number of patrons wearing masks	n=34 range: 0-125 mean:7.15	
Number of patrons wearing gloves	n=34 range: 0-2 mean: 0.29	



COVID-19 in Flint May 5, 2020



Flint area



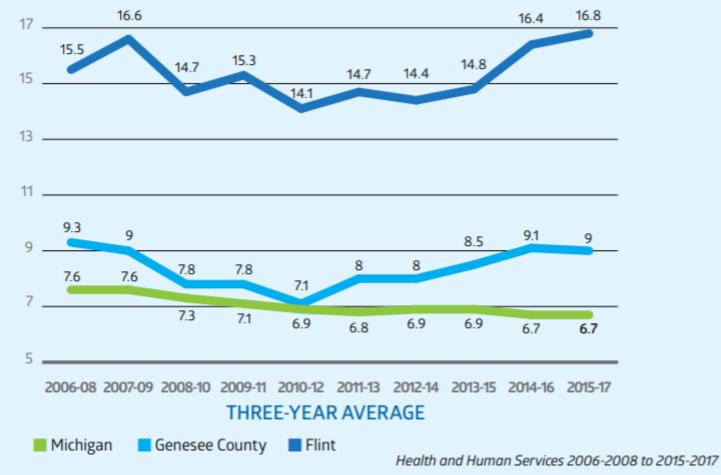
Data Source: Michigan Department of Health & Human Services.







Three-year Average Infant Deaths Rates (per 1,000 live births)

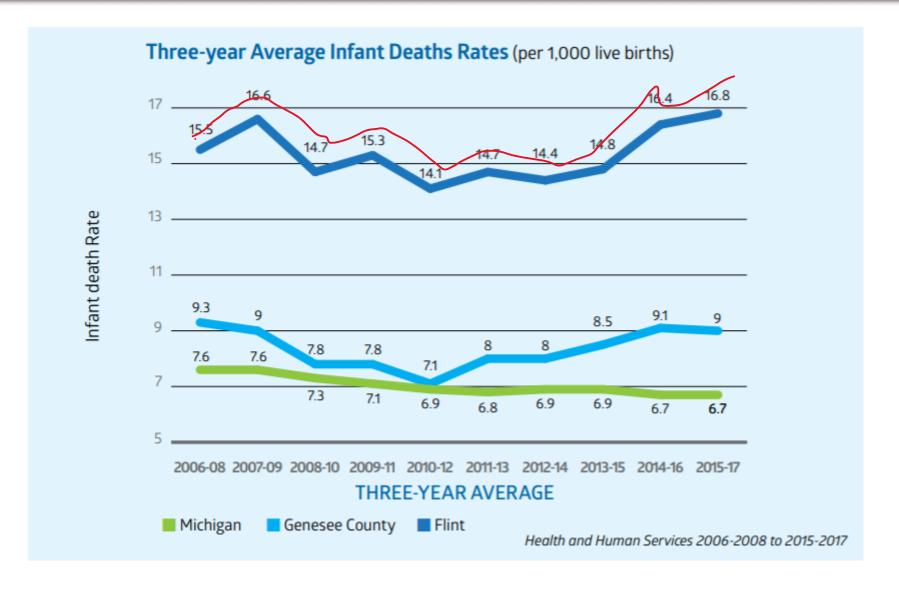




Infant death Rate



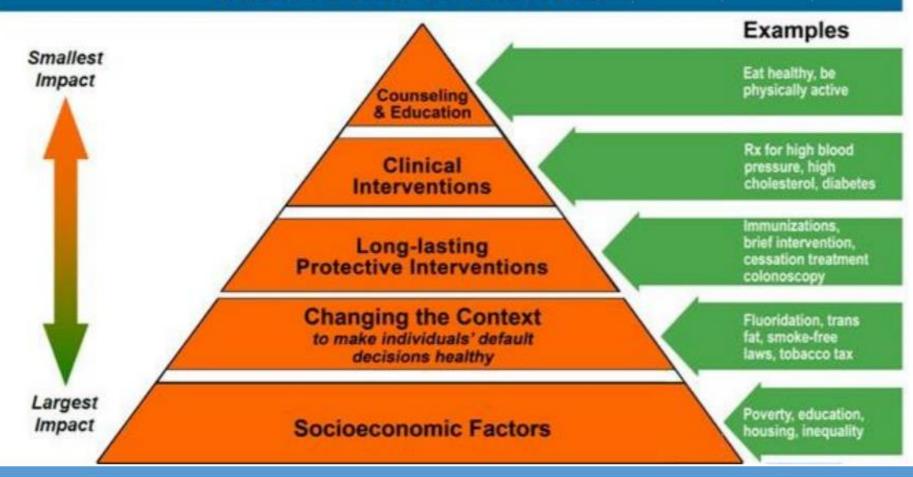






Factors that Affect Health

CDC Health Impact Pyramid Factors that Affect Health

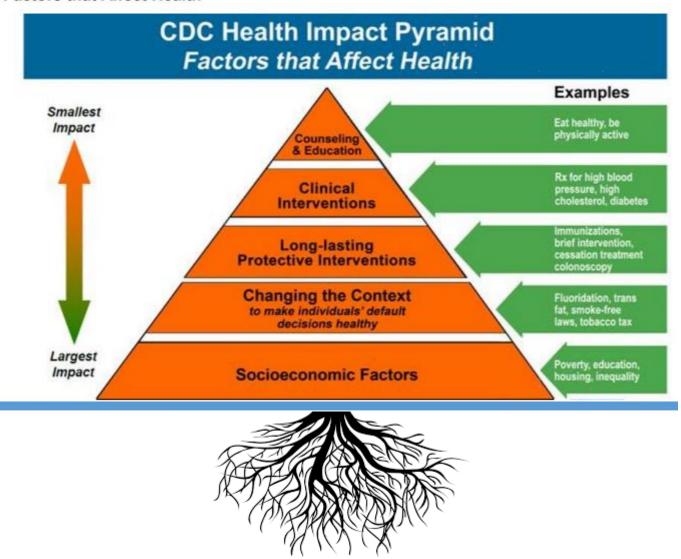




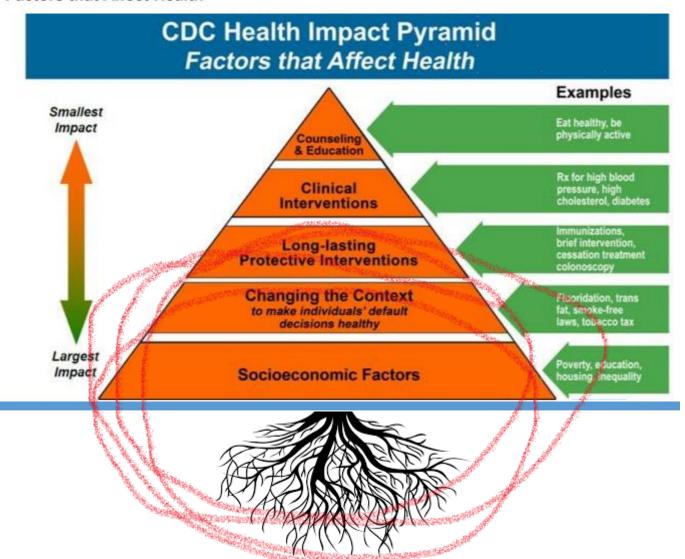




Factors that Affect Health



Factors that Affect Health



Racial Inequities in America

3 Observations



Racial inequity looks the same across systems



Socio-economic difference does not explain the racial inequity



Inequities are caused by systems, regardless of people's culture or behavior

"Our racially structured society is what causes racial inequity"

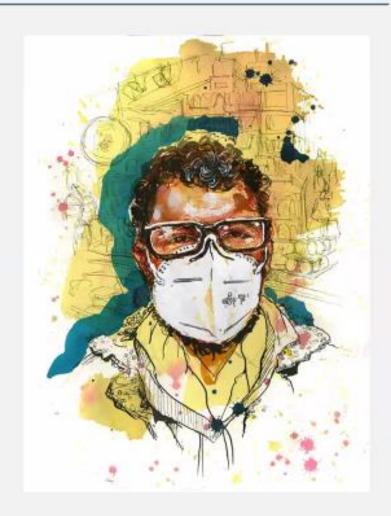
Mo Barbosa Health Resources in Action - From Racial Equity Institute's "Ground Water Approach"

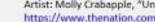


COVID19 - The status quo

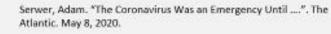
Black and Latino workers are overrepresented among the essential, the unemployed, and the dead.

Mo Barbosa Health Resources in Action







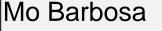




CDC: COVID-19 in Racial and Ethnic Minority Groups

Living conditions

- Densely populated areas
- Residential segregation
- Further from grocery stores and medical facilities
- Multi-generational households
- Over-represented in jails, prisons, and detention centers



Health Resources in Action



Thank you for listening.

Questions?
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'It's disturbing': Coronavirus kills black residents at dramatic rates across Louisiana

BY JEFF ADELSON, YOUSSEF RDDAD AND FAIMON ROBERTS | Staff writers APR 21, 2020 - 8:30 PM 💂 🖥 6 min to read



HEALTH DISPARITIES THROUGH THE LENS OF THE COVID-19 PANDEMIC

MAUREEN Y. LICHTVELD, MD, MPH
PROFESSOR AND CHAIR
TULANE UNIVERSITY
SCHOOL OF PUBLIC HEALTH AND TROPICAL
MEDICINE

The Times-Picagune





Why is coronavirus taking such a deadly toll on black Americans?

Longstanding health and socio-economic disparities have made minorities more vulnerable to Covid-19

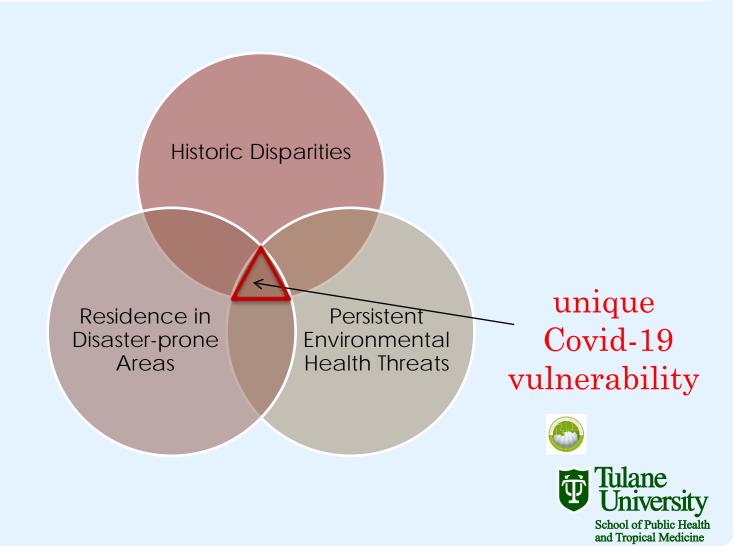




BROOKINGS



TRIPLE RISK BURDEN







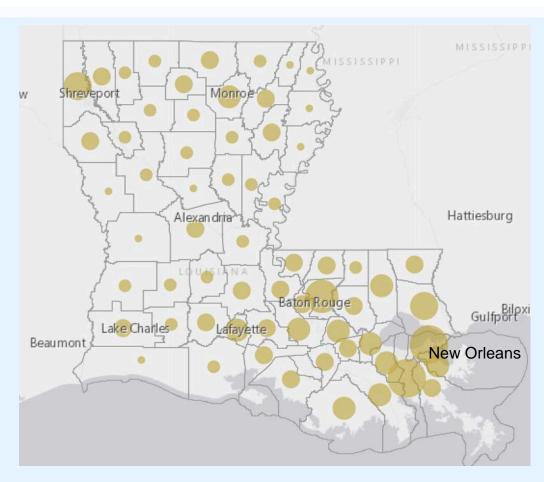
HEAD OFF ENVIRONMENTAL ASTHMA IN LOUISIANA (HEAL)





COVID-19 CASES STATEWIDE

- Orleans
- Jefferson
- St. Bernard
- Plaquemines
- St. John the Baptist





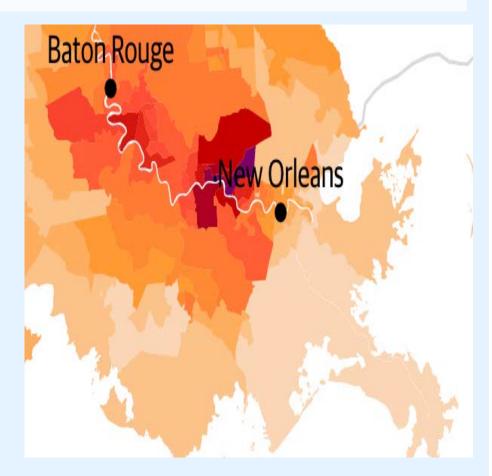
CANCER ALLEY



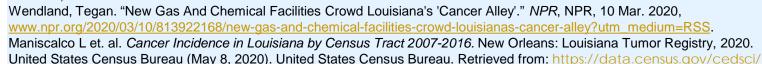


CANCER ALLEY

- 140 chemical factories and oil refineries¹
- Reserve cancer rate 578* (95% CI 484,684)
 - 54% Black, median income \$32,466, 21.5% below FPL³
- St. Gabriel cancer rate 634* (95% CI 570, 703)²
 - 72% Black, median income \$25,352, 23.9% below FPL³
- LaPlace cancer rate 554* (95% CI 478, 643)²
 - 47.9% Black, 47% White, median income \$45,103, 12.1% below FPL³
- National average cancer rate 439*

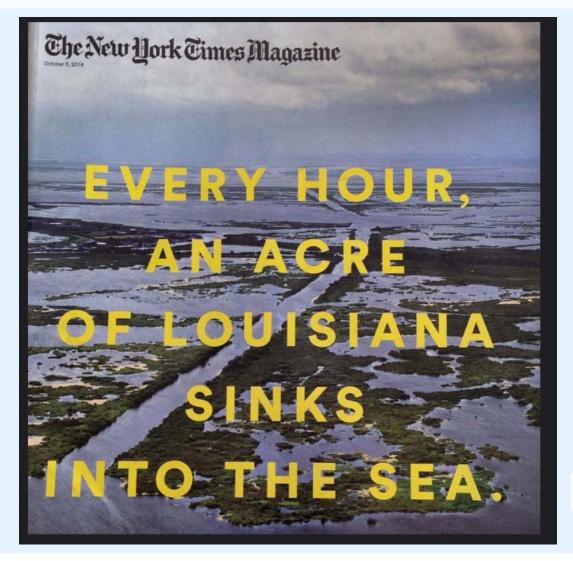


*Per 100,000



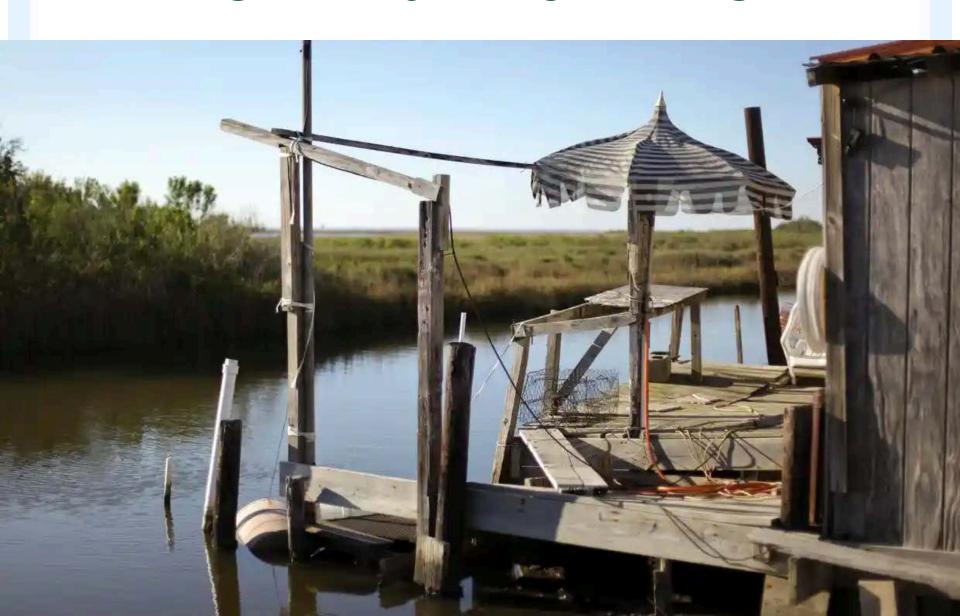


CLIMATE: MORE THAN JUST A THREAT...





ISLE DE JEAN CHARLES

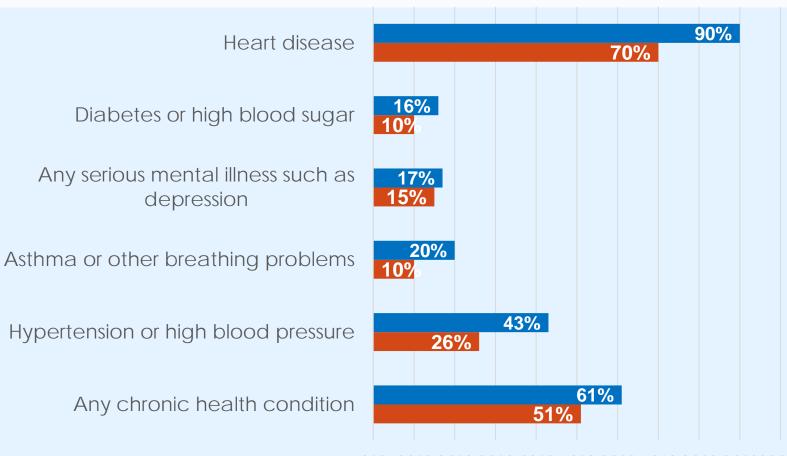


NEW ORLEANS – SOCIAL DETERMINANTS

- Median household income \$39,576¹
- 24.6% live at or below federal poverty level
- 30% of adults obese (95% CI 26, 33)²
- 73% high school graduation rate²
- 23% of adults smoke (95% CI 22, 23)²
- Medicaid expanded June 1, 2016
 - Led to additional coverage for about 500,000



PREVALENCE CHRONIC HEALTH CONDITIONS BY RACE NEW ORLEANS

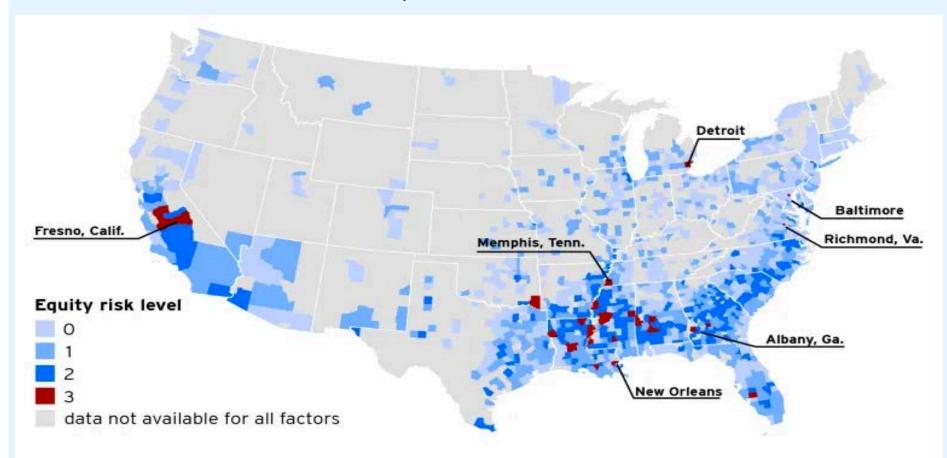


0% 10% 20% 30% 40% 50% 60% 70% 80% 90%100%





RACIAL INEQUITY IN THE US



NOTE: EQUITY RISK LEVEL REFLECTS THE NUMBER OF TIMES THE COUNTY APPEARS IN THE TOP QUINTILE OF ALL COUNTIES FOR POVERTY RATE, MULTIGENERATIONAL HOUSEHOLDS, AND GAP IN WHITE/BLACK LIFE EXPECTANCY.

Source: Brookings analysis of 2018 5-year American Community Survey estimates and 2018 National Center for Health Statistics Mortality Files via countyhealthrankings.org.

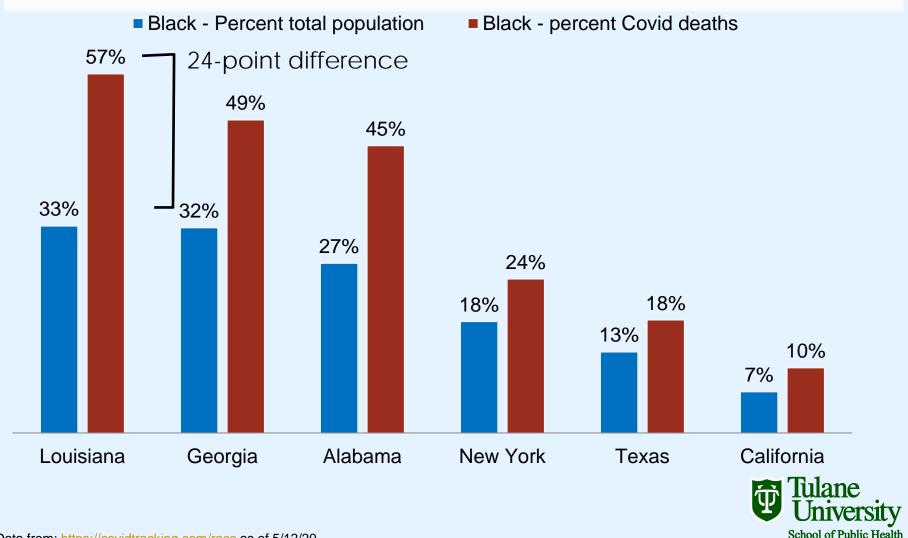


WHY ARE SOME MINORITY GROUPS HIGHEST RISK FOR COVID-19?

- Higher rates of co-morbidities such as diabetes, heart disease and obesity
- Higher rates of multi-generational household units increasing the likelihood of family clusters
- Greater difficulty getting access to testing compared to their white counterparts
 - First testing sites were drive-through only, excluding those who did not have access to a vehicle
 - Black, indigenous and other people of color are less likely to be insured compared to their white counterparts
- Barriers to health care and economic opportunity
- Inability to comply with social distancinge due to employment

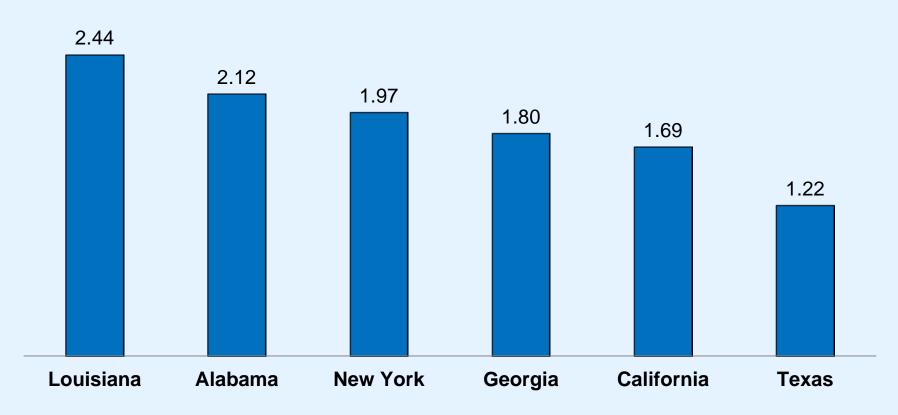


INEQUITY IN MORTALITY IN BLACKS BY STATE



and Tropical Medicine

RISK OF DEATH FROM COVID-19 FOR BLACKS COMPARED TO WHITES





HISPANIC/LATINOS & COVID-19

- In Louisiana 1.75% of Covid deaths Hispanic/Latino¹
 - Louisiana is not reporting race/ethnicity for cases
- In Iowa 24% of cases Hispanic/Latino²
- Washington State 33% of cases Hispanic/Latino³
- Florida 31% of cases Hispanic/Latino⁴
- Texas 39.2% of cases Hispanic/Latino⁵
- Many states are not reporting race/ethnicity data
- Undocumented do not have access to stimulus funds/unemployment
- Need IDs to be tested in many states

Louisiana Department of Health and Hospitals (May 11, 2020). Covid Dashboard. Retrieved from: http://ldh.la.gov/Coronavirus/

lowa Department of Health and Hospitals (May11, 2020). Covid Dashboard. Retrieved from:

https://coronavirus.iowa.gov/pages/case-counts

Washington State Department of Health and Hospitals (May11, 2020). Covid Dashboard. Retrieved from:

https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020COVID19/DataDashboard

Florida Department of Health and Hospitals (May 5, 2020).). Covid Dashboard. Retrieved from:

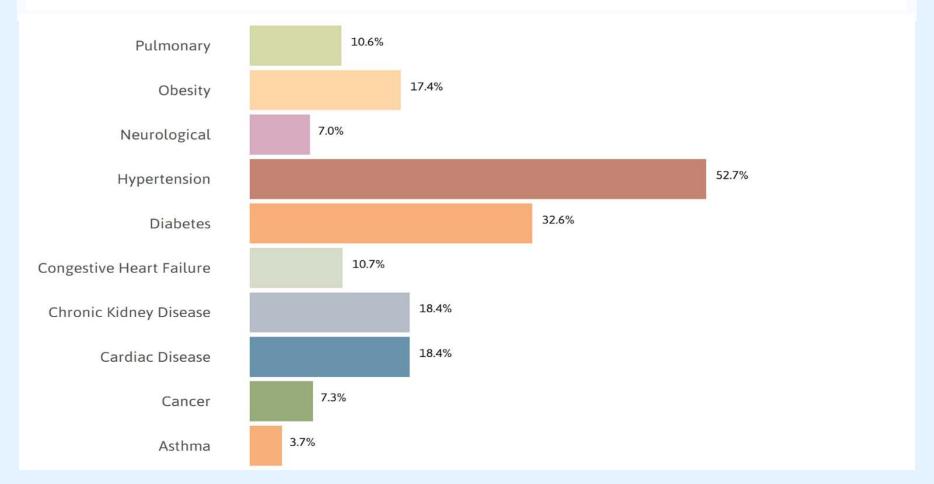
https://floridadisaster.org/globalassets/covid19/dailies/covid-19-data---daily-report-2020-05-05-0941.pdf

Texas Department of Health and Hospitals (May11, 2020). Covid Dashboard. Retrieved from:

https://txdshs.maps.arcgis.com/apps/opsdashboard/index.html#/ed483ecd702b4298ab01e8b9cafc8b83

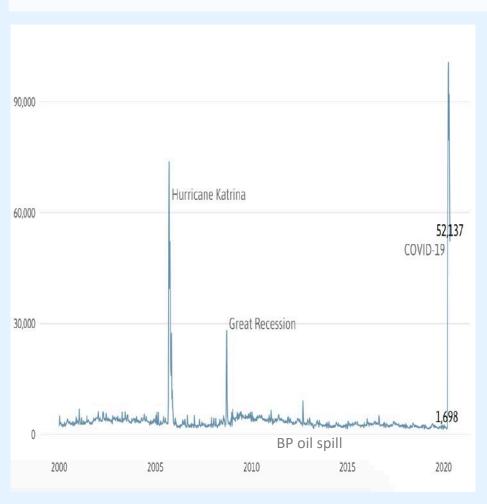


COMORBIDITIES IN COVID-19 DEATHS LOUISIANA





UNEMPLOYMENT

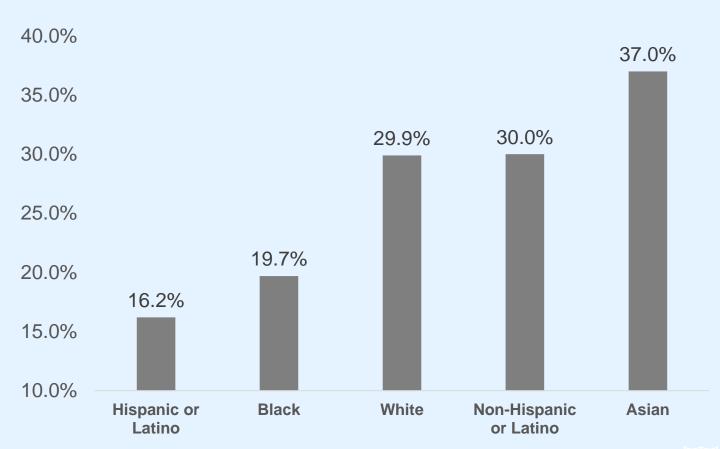


New Orleans metro

- 105,000 (19% of work force) unemployment claims in first three weeks of pandemic
- 172,000 workers are in immediate-risk industries (30% of work force) for job loss
- As of May 7th, 310,000 unemployment claims in Louisiana

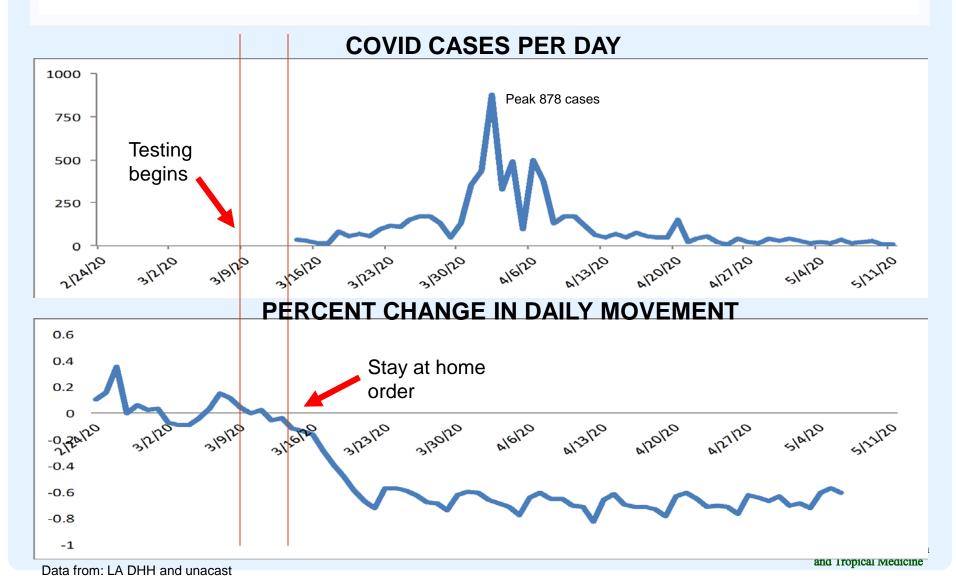


WHO IS ABLE TO WORK FROM HOME?





COVID CASES PER DAY AND CHANGE IN DAILY MOVEMENT ORLEANS PARISH



PROMISING SOLUTIONS TO INTRANSIGENT INEQUITIES

- Covid-19 related:
 - Governor created a health equity task force
 - Expanded access to testing
 - access to flu vaccine
 - Stronger support network for vulnerable communities (urban league partnership)
- Invest in addressing the root causes: the six social capitals
 - Natural (or environmental)
 - Built (infrastructure)
 - Financial (economic)
 - Human and cultural
 - Social
 - Political (institutional or governance)



Walk up testing site. Photo courtesy nola.com







Social Determinants of Health: Baltimore to Bangalore – the issues are pretty much the same

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@jhunursing



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Worlds Apart Though the Distance is 5 Miles

Roland Park

- 82.9 year life expectancy
- Death rate from Heart Disease: 15.9 per 10,000
- Death rate from Stroke: 4.4 per 10,000
- Median Household Income: \$64,571
- HS Diploma only: 5%

Clifton-Berea

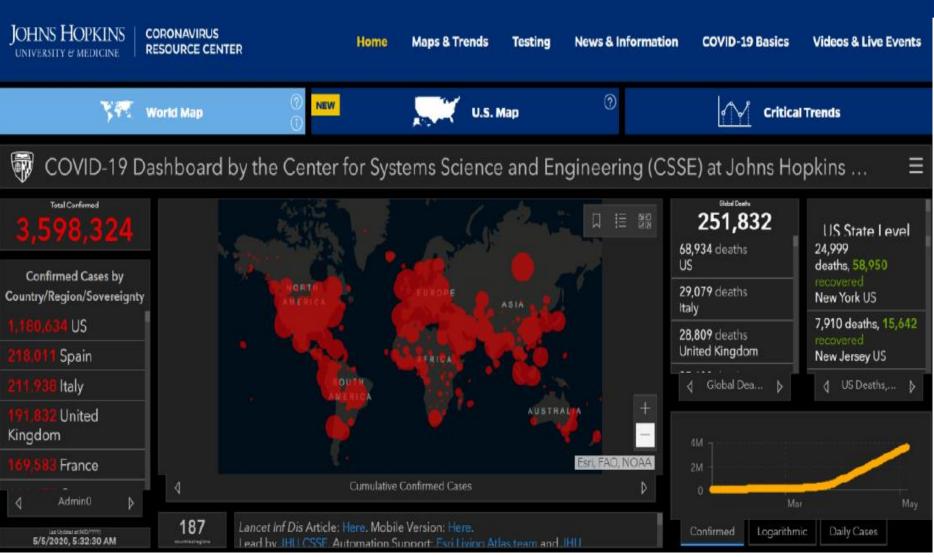
- 67.2 year life expectancy
- Death rate from Heart Disease: 28 per 10.000
- Death rate from Stroke: 5.4 per 10,000
- Median Household Income: \$24,696
- HS Diploma only: 38%



Source: Baltimore City Neighborhood Health Profile Reports 2011

 $(http://health.baltimorecity.gov/neighborhoods/neighborhood-health-profile-reports). \ Accessed \ 2/10/2017$

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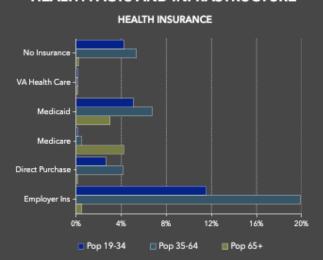
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COVID-19 STATUS REPORT

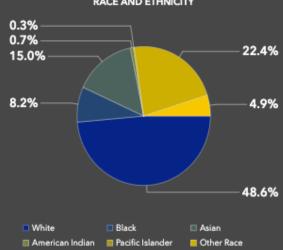
Los Angeles, California

HEALTH FACTS AND INFRASTRUCTURE



POPULATION

RACE AND ETHNICITY



POLICIES AND CASES

COUNTY CASE DATA

8,894			20	69
2,000	4,000 Confirmed	6,000 De	8,000 eaths	10,000

Comparative Statistics to State of California					
Total Confirmed	Deaths	Fatality Rate	Tested		
22,795	641	2.81%	203,528		

Emergency Type	Date	Details
Govt Ordered Community Quarantine	3/20/2020 2:43:43 AM	



22,002 Staffed Beds



23,259 Licensed Beds



2,352 ICU Beds



Two or More

14.2% Poverty Percentage



10,105,518

Total Population



1,299,277

Population Age 65+



8,894 Confirmed Cases



269 Total

Deaths

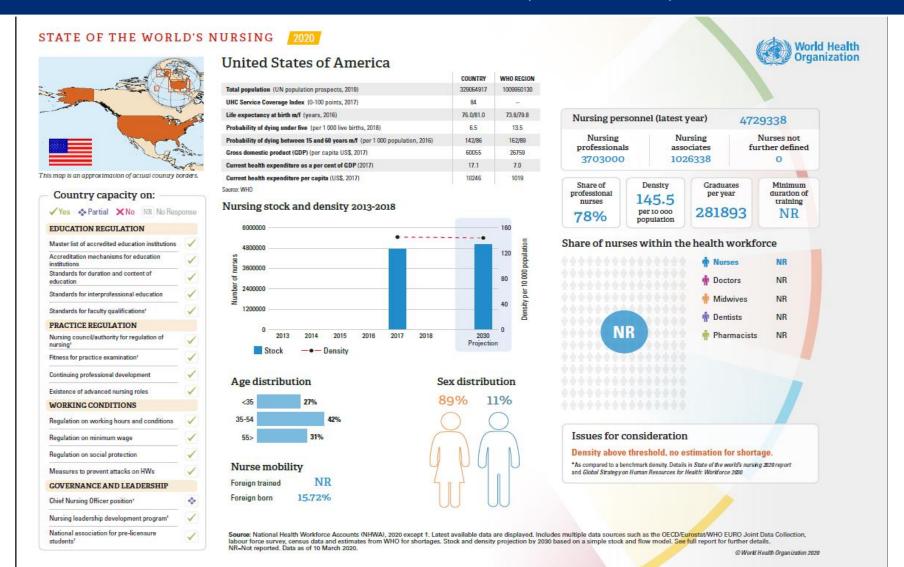


3.02%





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Health care as an ecosystem

- Macro- social, political and economic agenda
- Meso- organizational factors
- Micro- individual factors

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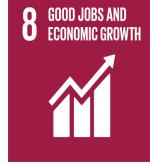
































A New Conceptual Framework for Academic Health Centers

William B. Borden, MD, Alvin I. Mushlin, MD, ScM, Jonathan E. Gordon, MBA, Joan M. Leiman, PhD, and Herbert Pardes, MD

Abstract

Led by the Affordable Care Act, the U.S. health care system is undergoing a transformative shift toward greater accountability for quality and efficiency. Academic health centers (AHCs), whose triple mission of clinical care, research, and education serves a critical role in the country's health care system, must adapt to this evolving environment. Doing so successfully, however, requires a broader understanding of the wide-ranging roles of the AHC. This article proposes

a conceptual framework through which the triple mission is expanded along four new dimensions: health, innovation, community, and policy. Examples within the conceptual framework categories, such as the AHCs' safety net function, their contributions to local economies, and their role in right-sizing the health care workforce, illustrate how each of these dimensions provides a more robust picture of the modern AHC and demonstrates the value added by AHCs.

This conceptual framework also offers a basis for developing new performance metrics by which AHCs, both individually and as a group, can be held accountable, and that can inform policy decisions affecting them. This closer examination of the myriad activities of modern AHCs clarifies their essential role in our health care system and will enable these institutions to evolve, improve, be held accountable for, and more fully serve the health of the nation.

Applying Examples Within the Four Dimensions of a Conceptual Framework for Academic Health Centers

AHC mission	Health	Innovation	Community	Policy
Clinical care	 Provide advanced specialty care Provide care to low- income communities, with significant free care 	Achieve improvements in patient safety	 Engage in community outreach through health screenings, etc. Provide economic benefits through employment, construction, sourcing, etc. 	 Consolidate expensive resources through regionalization Provide health care surge capacity for disaster relief
Research	Conduct bedside-to- bench-to-beside research	Develop medical technology into practical clinical use	Integrate AHC and community research programs	 Allow for research both with and without commercial potential Examine quality of care and efficiency through health services research
Education	 Train next generations of all health care providers (MDs, RNs, technicians, etc.) 	Use novel education techniques to address challenges in care	 Serve as medical "capital" of any geographic region Provide continuing education for community physicians 	Provide an avenue for adapting to future workforce needs through Medicare support of training

Abbreviations: AHC indicates academic health center; MD, medical doctor; RN, registered nurse.

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Ronald J. Daniels
President
Johns Hopkins University



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Impact of Covid on Native Americans

Mark Hauswald MS, MD FACEP
Professor of Emergency Medicine
Director of Global Health Programs
University of New Mexico
Contract Physician, Northern Navajo Medical Center, Shiprock NM



Native Americans suffer from myriad social and health issues

- Poverty
- Unemployment
- Chronic illnesses
 - Diabetes, Cardiovascular, Hepatic, Renal
 - Substance abuse, Trauma

• Life expectancy is 5-6 years shorter than US average



Native Americans have unique health care advantages

- Native Americans are essentially guaranteed healthcare
 - Limited treaty obligations back to the 1700s
 - Federal Trust responsibility since 1831
 - BIA in 1921
 - Indian Health Service since 1954
 - "638" contracts since 1975 devolve control to tribes
- Almost 80% of Native Americans are also covered by Medicare, Medicaid or Private Insurance



IHS

- 92 Clinics, 24 Hospitals, 35 States
- 2 Million Natives, 500+ Federally Chartered Tribes
- Funding via Federal budget (5.1 billion), CMS
 - Much care is not done by IHS
 - Referrals for specialty care
 - Self directed care
- \$8 billion in COVID-19 funding to tribes

Chronic shortage of providers



All Natives are not the same and all tribes are different

- Some Pueblos are only used for ceremonies
- Some tribes are fully urban
- Some tribes are rich

The media version is not incorrect



Impact of infections

• Mortality from H1N1 was 4x US average

Covid in Indian Country

- 4544 cases
- 135 deaths

Pueblos and COVID

- Highly concentrated small towns
 - Rural (Zuni, Hopi)
 - Urban (Rio Grand Pueblos)
- Zia 31 850 members
- San Felipe 52 2080 members



Navajo Nation

- Hyper-rural
 - 2700 sq mi
 - 350,000 members, half on the "Rez"
 - 9000 mi of unpaved roads
- Poor
 - 40% unemployed
 - 40% under poverty line
 - Median household income \$20,000
- Multi-generational households



Navajo Nation and Dikos Ntsaaigii -19

- 3245 Cases
- 103 Deaths

Large evangelical meeting March 7

- Socioeconomic status
 - 40% haul water



Navajo Nation and Dikos Ntsaaigii -19

- Aggressive public health measures
 - Reservation closed mid-March
 - Casinos
 - Schools
 - Self isolation
 - Limited gatherings
 - Major public health push for hand hygiene and masks
 - Gallup closed May 1
 - 8% of population has been tested



Navajo IHS

- Numbers for NNMC: Total tested 2754, 612+,
 Inpatients 24
- Marginal PPE availability
- External tent triage
- ER has one US dedicated for COVID cases
- Intubated patients are transferred



- Additional money for healthcare?
 - Probably minimal effect
- Health education?
 - Federal government and Tribes already active
- Basic public health measures?



- Basic public health measures
 - Sewage much improved
 - Water limited access
 - Roads very expensive



- The demographic transition has hit Natives hard
 - Reservations are food deserts
 - 80% are overweigh or obese (but this seem to be improving)
- Support for exercise and diet programs
- Support for nutritional food supply
- Support for anti-violence and anti-substance abuse programs



- Communication is very difficult for rural tribes
 - Phones
 - Internet
- More care off Rez



University of New Mexico Outreach

- Residency training in IHS Hospitals
- Pre-clinical medical student rotations
- Clinical medical student rotations
- Center for Native American Health
- UNM Hospital Native American Health Services

