

# Postnatal Care (PNC) Indicators, Coverage Estimates, and Variations by Place and Provider

## Across Different PNC Stages: A Comprehensive Review and a Cross-Sectional Study

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### Background

Postnatal Care (PNC) is essential for the health of women and newborns, and international and national guidelines include varied PNC indicators. No studies offer a comprehensive review of all indicators or estimate their coverage.

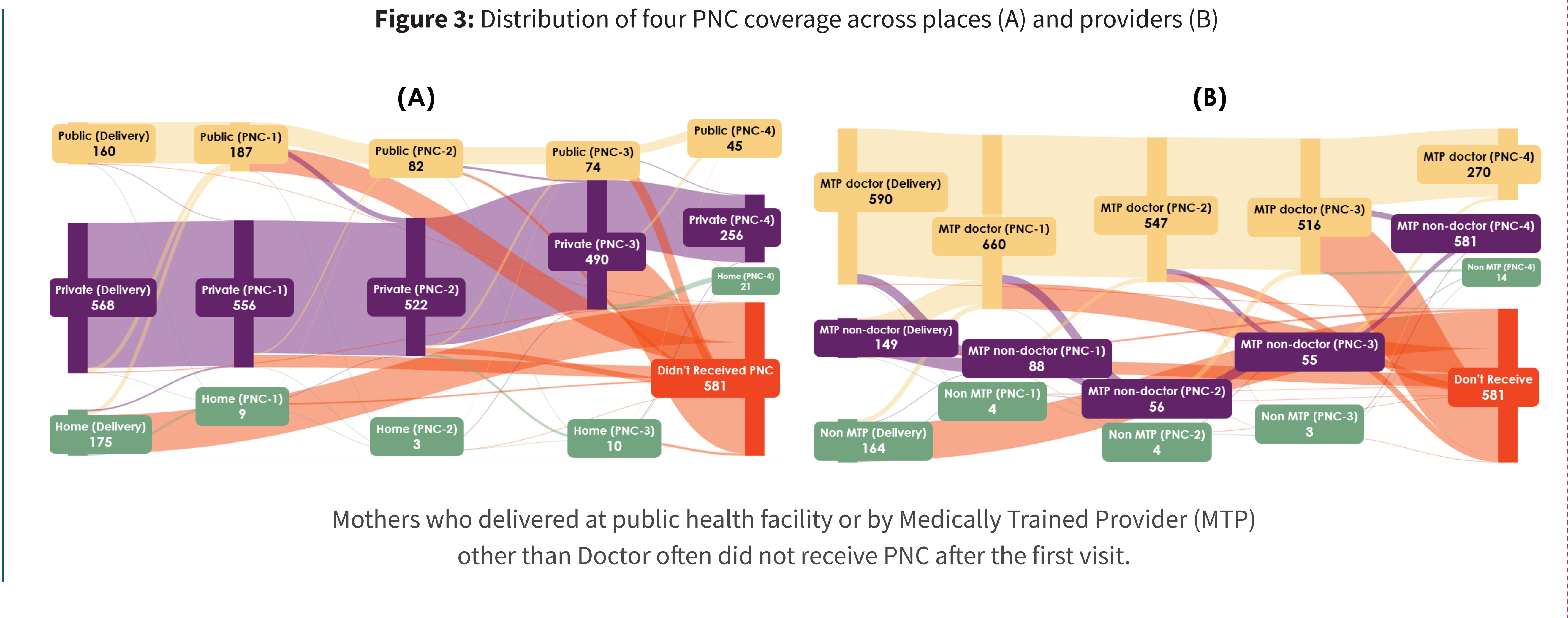
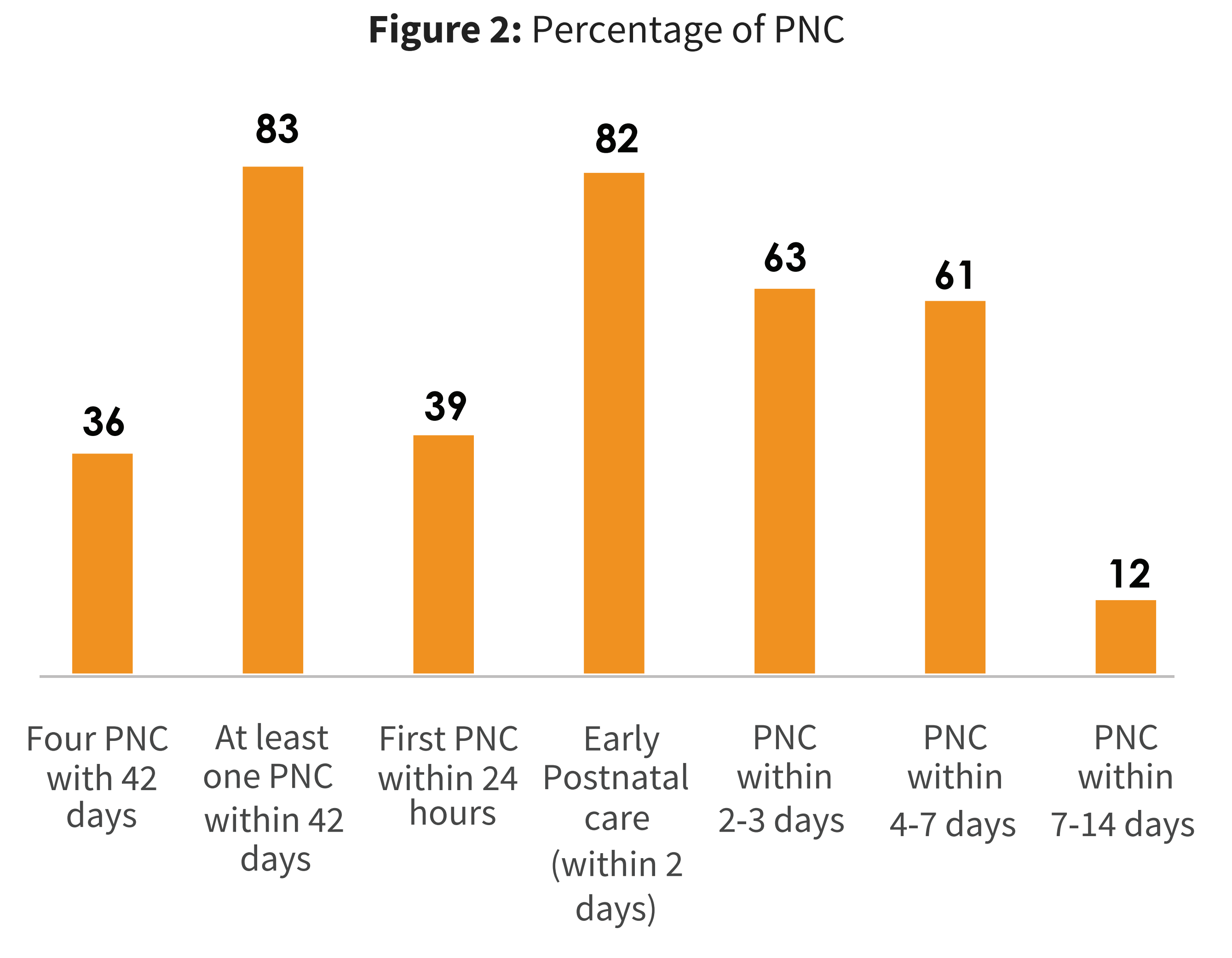
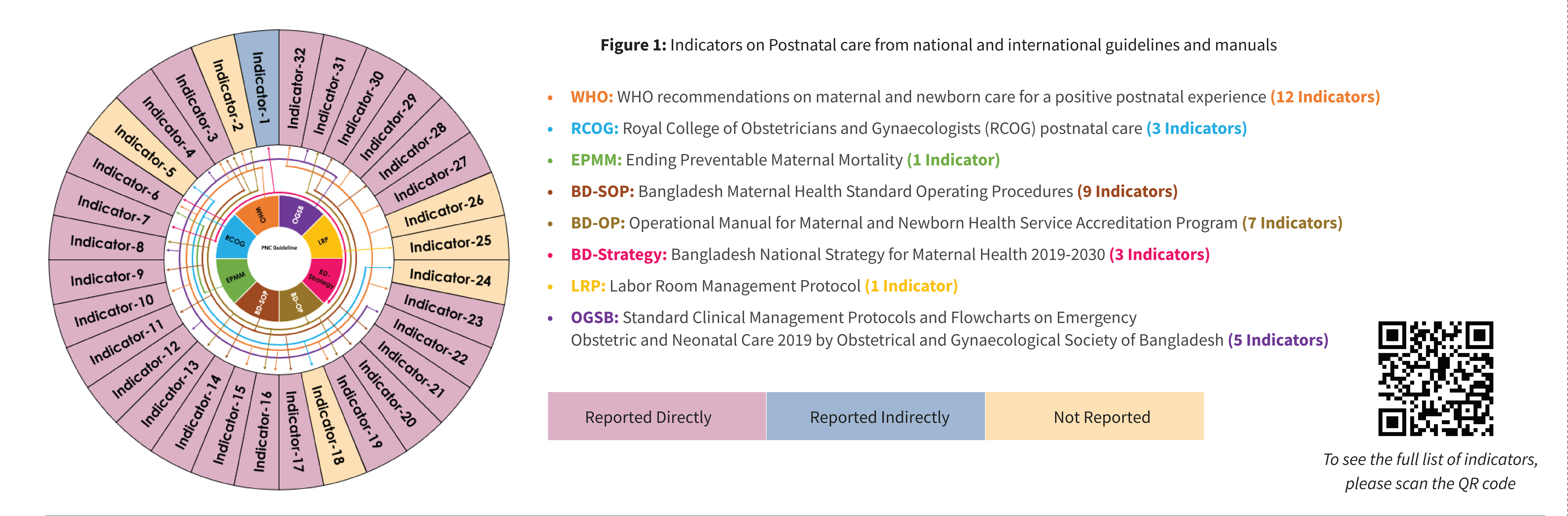
### Objectives

The study aimed to comprehensively review PNC coverage indicators, investigate coverage estimates for various indicators, and assess variations by place and provider across different PNC stages.

### Methods

**Study Design:** Comprehensive literature review, and Cross-sectional study  
**Study Setting:** Baliakandi upazila, Rajbari, Bangladesh  
**Population:** Women aged 15-49 years who had live births at least six weeks before the interview  
**Sample Size:** 903  
**Data Collection:** Face-to-face interview, Structured questionnaire  
**Data Analysis:** Descriptive analysis, Bivariate analysis

### Results



### Conclusion

This study is the first to review PNC coverage indicators thoroughly and provide coverage estimates from a single source. The findings highlight the need for increased efforts to ensure continuity in PNC, especially beyond the initial stage, to address the significant decline in follow-up visits across various settings and providers. The study's comprehensive review underscores the urgent need for countries to harmonise and standardise PNC indicators globally, ensuring consistency in monitoring and improving maternal and newborn health outcomes.

This study is funded by Global Affairs Canada (GAC) through the Advancing Sexual and Reproductive Health and Rights (AdSEARCH) by icddr,b project. Grant number: SGDE-EDRMS-#9926532, Purchase Order 7428855, Project P007358.

