THE 2016 CUGH REFLECTIVE ESSAY CONTEST

April 9, 2016
San Francisco
Essay submission and judging

- 81 essays submitted
- Essays are scored on the basis of originality, style and composition, critical reflection/reflective capacity, and impact on the readers
- The author’s identify is anonymous to the judges
- Each essay is scored by 2 judges. Essays scoring in the top quartile are nominated to the Essay Oversight Committee
- The Essay Oversight Committee voted on winners and honorable mentions
Big thanks to our judges

- **David Barnard, PhD, JD**
  - OHSU
- **Michelle Byrne**
  - Loyola University Chicago – Stritch School of Medicine
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  - UCSF
- **William Cherniak, MD**
  - Pacific Northwest University of Health Sciences
- **Sharon Connor, PharmD**
  - University of Pittsburgh
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- **Karen Gieseker, PhD, MS**
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- **Adam Hoverman, DO**
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- **James Hudspeth, MD**
  - Boston University School of Medicine
- **Joy Liu**
  - Duke-NUS Medical School
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- **Mark Meyer, MD**
  - UPMC Family Medicine Residency
- **Jody Olsen, PhD, MSW**
  - University of Maryland
- **Natasha Parekh, MD**
  - UPMC
- **Carolyn Quigley, MD**
  - University of Arizona
- **Virginia Rowthorn, JD**
  - University of Maryland
- **Sujatha Sankaran, MD**
  - UCSF
- **Adam Sawatsky, MD**
  - Mayo Clinic
- **Gaetan Sgro, MD**
  - VA Pittsburgh Healthcare System
The Essay Contest Oversight Committee

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REFLECTION IN GLOBAL HEALTH

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Carmelle Tsai, MD
Shawn Wen

FOREWORD by
Louise Aronson, MD

AN ANTHOLOGY
The Birth of a Daughter by Sonya Davey, Perelman School of Medicine at the University of Pennsylvania
Introduction to Navajo Nation – Clean Clothes to Mental Health
by Emilia Connolly, DO; HEAL Initiative Global Health Fellow; UCSF
Audio recording
The Trauma of the Tiger Children: Global Mental Health Reflection from NYC’s Chinese Community by Kevin Xu, Icahn School of Medicine
Beyond our Goodwill by Alessandra Intili, MD; Wills Eye Hospital
Preoperative Preparation by Joseph Peterson, MD, Florida State University College of Medicine
The Silhouette Behind the Glass by Parth Chodavadiya, Duke University
Ink is Expensive by Jeffrey Campbell, Harvard Medical School
The Touch by Lisa Simon, DMD; Harvard School of Dental Medicine
REFLECTION & DISCUSSION